



SUMMER CAMPS 2021!

3 NEW EXPERIENCES...

- >>> FOOTBALL & TENNIS DAY CAMP 6-10 & 11-14 YEARS
- >>> DANCE & TENNIS DAY CAMP 6-10 & 11-14 YEARS
 - >>> AMAZING EXPERIENCE...
 SENIOR LEADERS DAY CAMP
 11-13 & 14-17 YEARS





YOUNG EXPLORERS SPORTS DAY CAMP STUDENTS AGED 6-10 & 11-14 YEARS



05-09/12-16/19-23/26-30 JULY



| | | DAY 0 | DAY 3 | DAY 4 | DAY 5 | |
|-----------------|--|---|--|---|--|--|
| >> | DAY 1 | DAY 2 | ARRIVAL OF STUDENTS | | | |
| 9H00 - 12H00 | - DISCOVER THE BASICS of Football | - IMPROVING REACTIVITY - Passing in Motion | - KEEPING POSSESSION OF THE BALL - CONTROLLING HIGH BALL RECEPTION | - MOVING AROUND ON The Court - Precision Pass | - GRAND TOURNAMENT | |
| O es | | | | | | |
| 12H00 - 13H30 | | | | - EXERCISES ON | - INDIVIDUAL TEST Match and direct | |
| 13H30 - 16H30 | - DISCOVER / PERFECT The Basics of Tennis | - FOCUS ON ATTACK Or defensive play | - STUDY DIFFERENT Tennis Moves | OVERCOMING YOUR PERSONAL LIMITS! | FEEBACK WITH COACH! - AWARDS FOR PLAYERS | |
| | | P | ARENT PICK-UP OR TRANS | PORTATION | | |
| 16H45 - 17H45 | | | | | TEAM | |







DANCE & TENNIS JUNIOR DAY CAMP STUDENTS AGED 6-10 & 11-14 YEARS



COST: 450 €/WEEK (MEALS INCLUDED)

05-09/12-16/19-23/26-30 JULY



| | | | D4V 0 | DAY 4 | DAY 5 |
|---------------|---|--|--|--|--|
| | DAY 1 | DAY 2 | DAY 3 | | |
| | DITI 1 | | ARRIVAL OF STUDENTS | | and with the |
| 9H00 - 12H00 | | - FOCUS ON MODERN Dance and Street Jazz | - LEARNING TO CREATE A CHOREGRAPHY | - DEVELOPMENT OF STAGE Ease and self confidence | - SHOW TIME ! STUDENTS WILL PRESENT A CHOREOGRAPHY ON STAGE In Front of a live public |
| | - DISCOVER MUSIC and different types of dance | | | | |
| | LUNCH AND TRANSPORTATION | | | | |
| 12H00 - 13H30 | | | | ON STREET | - INDIVIDUAL TEST MATCH AND DIRECT |
| 13H3O - 16H3O | - DISCOVER / PERFECT The Basics of Tennis | - FOCUS ON ATTACK Or Defensive Play | - STUDY DIFFERENT TENNIS MOVES (VOLLEY, SMASH) | - EXERCISES ON OVERCOMING YOUR PERSONAL LIMITS! | FEEBACK WITH COACH! - AWARDS FOR PLAYERS |
| | | PARENT PICK-UP OR TRANSPORTATION | | PORTATION | |
| 16H45 - 17H45 | | 11 | il imera - | | TEAM BIHEUF |







AMAZING EXPERIENCE... SENIOR LEADERS DAY CAMP

16H45 - 17H45

STUDENTS AGED 11-13 & 14-17 YEARS



COST: 695 €/WEEK (MEALS INCLUDED)

28 JUNE - 02 JULY / 05 - 09 JULY / 12 - 16 JULY



| | | PAS BROWN | | | DAV 5 | |
|---------------|--|---|--|---|--|--|
| | - 111 | DAY 2 | DAY 3 | DAY 4 | DAY 5 | |
| DAY 1 | | DAT E | ARRIVAL OF STUDENTS | | FINAL CHALLENGE : | |
| 8H15 - 9H00 | | EMPHASIS ON | TEAM DEVELUPINIEM | PUBLIC SPEAKING & | THE AMAZING RACE Students compete against each other in teams by | |
| 9H00 - 12H00 | PRESENTATION SKILLS Students learn to define and | TEAMWORK Align specific team roles, motivate team members on a morning canyoning in | Build up your team spirit through different challenges inspired from the game SURVIVOR | Expresss yourself both vocally and physically while exploring your creativity with confidence | applying what they have | |
| | front of a class or in an interview setting | the country side of Nice | LUNCH AND TRANSPORTATION | | | |
| 12H00 - 13H30 | | | | SEA EXPERIENCE | THE UNIQUE GOLF Challenge | |
| | PUSHING YOUR LIMITS Enjoy a journey of cross | TALENT DEVELOPMENT This theatre workshop will awaken your potential and | PADEL & TENNIS An introduction to the different techniques and sk of Padel and Tennis | Enjoy a variety of nautical | An introduction to the gar of golf on a real golf cour in Nice! | |
| 13H30 - 16H30 | country cycling out in a natural setting | talent | | ORTATION | | |
| | PARENT PICK-UP OR TRANSPORTATION | | | | | |

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TEAM BIHQUE

ALL INCLUSIVE FEES (MEALS INCLUDED)



295 €



450 €





OPTION:

CAR TRANSPORT SERVICE PROVIDED BY A CHAUFFEUR



(PICK-UP SCHEDULE ON FOLLOWING PAGES)



OPTION CAR TRANSPORT SERVICE PROVIDED BY A CHAUFFEUR PICK-UP:



MONACO NICE

07H50

PRINCESSE FIORESTINE / MONACO

07H56

STADE LOUIS 2 / MONACO

08H03

OFFICE DE TOURISME / MONACO

08H10

JARDIN EXOTIQUE / MONACO

08H45

ISN NICE

CANNES NICE

07H50

PONT DES GABRES / CANNES

08H05

PLACE GÉNÉRAL DE GAULLE / ANTIBES

08H20

LES HAUTS DE VAUGRENIER / VILLENEUVE LOUBET

08H35

STATION AVIA / SAINT LAURENT DU VAR

08H45

ISN NICE

ROQUEFORT NICE

07H41

INTERMARCHÉ SUPER /

ROQUEFORT LES PIN QUARTIER DU PLAN

07H51

LA FONT NEUVE / OPIO

08H00

RUE DE LA BRAGUE / VALBONNE

08H15

GOLF/DOMAINE LA PEYRIÈRE / MOUGINS

08H45

ISN NICE

OPTION CAR TRANSPORT SERVICE PROVIDED BY A CHAUFFEUR RETURN:



NICE MONACO

16H45

ISN NICE

17H20

JARDIN EXOTIQUE / MONACO

17H27

OFFICE DE TOURISME / MONACO

17H34

JARDIN EXOTIQUE / MONACO

17H38

PRINCESSE FIORESTINE / MONACO

NICE CANNES

16H45

ISN NICE

16H55

STATION AVIA / SAINT LAURENT DU VAR

17H10

LES HAUTS DE VAUGRENIER / VILLENEUVE LOUBET

17H25

PLACE GÉNÉRAL DE GAULLE / ANTIBES

17H40

PONT DES GABRES / CANNES

NICE ROQUEFORT

16H45

ISN NICE

17H15

GOLF/DOMAINE LA PEYRIÈRE / MOUGINS

17H30

RUE DE LA BRAGUE / VALBONNE

17H59

LA FONT NEUVE / OPIO

18H09

INTERMARCHÉ SUPER /
ROQUEFORT LES PIN QUARTIER DU PLAN







>>> INFORMATION & RESERVATIONS:

WWW.TEAMBIHOUE.COM STAGES@TEAMBIHOUE.COM

PIERRICK: 06 50 64 91 58

GAELLE: 06 52 01 62 99